

Tri-Cities

Retirement Inn

2000 N. 22nd Avenue • Pasco, WA 99301 • (509) 547-2466

February 2012

Resident Birthday Celebration



Management Team

Back row: Alena

Mellgren-Administrator; Karen Andrews-Health Services Director; Alla Morar-Food Services Director; Jana Harding-Business Office Manager.

Front row: Alma

Aguirre-Housekeeping Supervisor; Izzy Porobic-Maintenance Director; Veronica Manis-Activity Director (Not pictured: Angie Lopez-Franklin Program Director)



Karen wishes Ernie a Happy Birthday at our January residents' birthday party.



Stuart looks on while staff members give Tim balloons for his January birthday.



Ellie and Jana enjoying the birthday party!



Maddie serves Irene's birthday cake.



Judy Dehart played beautiful music for us in January. She plays the 2nd Tuesday of each month.



Tours

Beaver Bark, Richland, WA

Beaver Bark in Richland added to our Christmas Cheer!



Beaver Bark fun with Nancy and Marci.



Back Row: Linda, Lynne, Nancy and Gert. Front Row: Millie, Mary, Phyllis, Nina and Art having a great time at Beaver Bark.

Legends Casino and Darigold



Dottie, Mary, Marci, Pat and Ben enjoying ice cream at Darigold on our way home from Legends Casino.

Administrator's Corner

Another month has come and gone. This year has started off great! We are going to have multiple educational hours with many different speakers, monthly support group meetings and lots of fun activities. Congratulations to Yelena Stelya for being Employee of the Month and Dorothy Foden for being Resident of the Month. Love is in the air, so please remember your favorite Valentine. I wish everyone a Happy Valentine's Day!

Alena Mellgren ADM

Q: What do squirrels give for Valentine's Day?

A: Forget-me-nuts!



Cupcake Wars! Feb. 8

Residents and staff will judge a staff cupcake competition.



Performance by Robert Frost Elementary School Students

We partner with Robert Frost school and Americorp's Project Literacy to listen to children read in English. Robert Frost students sang Christmas songs for us.

Social Interaction

According to the Alzheimer's Association, "research shows that people who are regularly engaged in social interaction maintain their brain vitality." Our Meaningful Moments programming provides for one-on-one interaction as well as opportunities to socialize in group activities.



Romelle and Edna are enjoying Coffee and donuts at Daily Donuts.



Daily Donuts makes JoAnn (above) and Lucinda (below) smile.





Yelena Stelya, Employee of the Month

Yelena was born in Belts', Moldova. Her parents and two sisters came to America when she was 8. When she was learning English she came with her school to read to our residents.

Yelena had to grow up fast when her father had a stroke. She spends most of her time off helping her family.

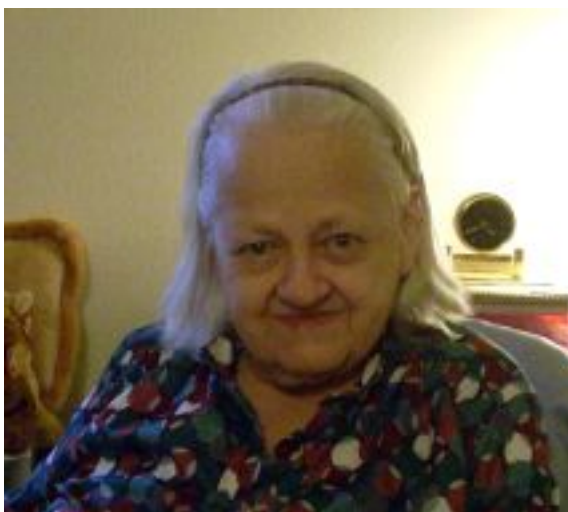
Yelena loves to go to bookstores and add to her collection of cookbooks. Her favorite dessert is the Triple Chocolate Meltdown at Applebee's and she likes lemonade. She makes delicious muffins.

At age 14, she was asked to work here. She likes working here because it is very team-oriented ... everybody helps everybody. She says, "I like to put smiles on my residents' faces. I know if I cook something to their liking, it's going to make their day and mine."

We are very lucky to have Yelena and her shining personality. She is very positive and willing to assist with whatever is needed. She always puts the residents first.

Sweet Stuff

National Sticky Bun Day is Feb. 21.



Pat White, Resident of the Month

Mary Pat White grew up in Atlanta, Georgia. She prefers to be called Pat. Her father had two children, Jack and Nelle, and her mother had a daughter, Josephine, when they married. She volunteered at the Red Cross, rolling bandages during World War II.

As a teenager, Pat worked at the local 5 & 10 cent store where Margaret Mitchell, author of *Gone With the Wind*, was a frequent customer. She spent a lot of time at the movie theater as a child and has an extensive collection of movies.

After graduating from Girls' High School in Atlanta, she worked for a law book publishing company as a proofreader.

Pat loved to grow roses and other unusual plants in her garden. She had a Chinese dogwood tree in her front yard. She also loved to cook and sew. Every summer she traveled with her husband to Florida. She also climbed Stone Mountain, the largest piece of exposed granite in this country. She was a Sunday School teacher in the Methodist Church.

Pat moved here with her cat, Lucky, to be near a niece. She tells us, "I really like the people here!"



Reminisce



Irene catches a fish! She remembers an uncle who used to ice-fish in a little cabin on the lake in Minnesota where she grew up.



Marjory is concentrating very hard on catching a big one!

Ice Fishing

For some winter fun we decided to ice fish for a reminiscing activity. There were, of course, a lot of fish stories shared and all had a good time. Art taught us how to catch a polar bear!



Country/folk singer, songwriter and guitarist Don Ohman has entertained here for 12 years. He plays in the library on the first Friday of every month. Earlier this year, the Smithsonian Institute created a new Construction Folk Songs category so they could house one of his roofing songs. He also represented the Tri-Cities area at the True Value Country Showdown contest. We feel blessed to have him!

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A JEA Senior Living Community