



# Rock Creek

*Alzheimer's Special Care Center*

14552 W Parkwood Dr. • Surprise, AZ 85374 • (623) 214-0100

**May 2012**

### **Our Mission Statement**

We are committed to being the leader in providing quality personal services for our residents while honoring the experience of aging.

### **ROCK CREEK**

#### **Management Team**

##### **Administrator**

Stephanie Graber MSW

##### **Health Services Director**

Kari Fanene LPN

##### **Program Director**

Paula Williams

##### **Dietary Services Director**

Esaul Briones

##### **Maintenance Director**

Chris Tegarden

##### **Business Office Manager**

Cindy Gaare



### **Manager's Corner**

Dear families and friends,

As we approach the warmer weather, we have so many wonderful opportunities to enjoy our beautiful outdoor patios. Thanks to Chris, Paula, Helen and Theresa, we have blooming new gardens that include vibrant flowers, delicious vegetables and aromatic spices. We hope you will join the new Rock Creek Gardening Club as you relax by the water feature and make our patio your own oasis in the desert.

Please continue to join us for our monthly support group. Our group has grown so much and has so many diverse resources from which we all benefit. We meet on the first Friday of each month at 1 p.m. and offer complimentary respite during the support group for our caregivers.

Lastly, May is our month to celebrate our mothers and think about how they've influenced

our lives in so many positive ways. Thank you to all of the people in our lives whom we have come to see as representing all that we associate with a mother through guidance, nurturing and unconditional love.

Happy May!

Stephanie Graber MSW  
Administrator



### **Wear It for Wisdom**

Like the gardens and grass of spring, May's birthstone, the emerald, dazzles with a brilliant green. Some believe wearing an emerald brings wisdom and patience.

### **ELVIS IS COMING**

Get ready to dance! He is alive and will be performing at Rock Creek on May 8 at 2 p.m.

### **Monthly Birthdays**

- Resident Birthday
- Connie Tellez May 1st
- Doris Farber May 5th
- Employee Birthday
- Tristan Cannon May 1
- Chris Tegarden May 9

### **Beautiful Blooms**

Enjoy the colorful flowers of May.

### **Up Coming Events**

- May 4th Cinco de Mayo Fiesta 1:30 p.m.
- May 8th Elvis 2 p.m.
- May 13th Mother's Day Tea 2:30 p.m.
- May 23rd Birthday Party 1:30 p.m.
- May 28th Memorial Day Party 12 p.m.



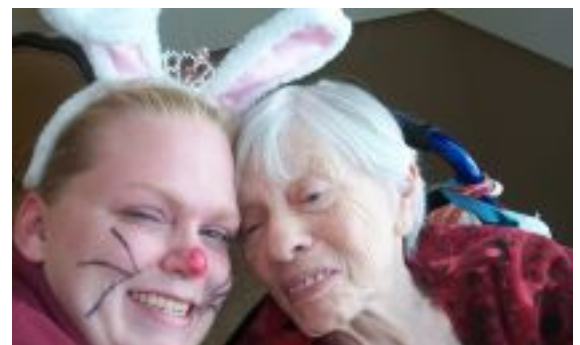
## Easter At Rock Creek

Our first Easter was well planned, well attended and certainly enjoyed. We spent a day coloring eggs—Oh, so beautiful and colorful! On Easter morning we ate the eggs with breakfast and had pictures taken with Helen, the Easter Bunny. Then, the Easter egg hunt began. Naomi found a total of 55 eggs, Richard 32, James 32 and everyone else found at least 20 eggs. Flo was the lucky one who found the GOLDEN EGG. The prize for finding 10 or more eggs was a banana split!!!! Of course, everyone won that. We made them big and embellished with chocolate syrup, strawberries, bananas, whipped cream, nuts and a cherry on top. DELICIOUS!!



## Monthly Celebrations

This May, turn your attention to Arthritis Awareness Month. Be happy for National Smile Month, create something new during National Inventors' Month and pick up a good book for Get Caught Reading Month.





## Saint Patrick's Day

St. Patrick's day is the day when we are all a little Irish! Everyone looked great in their shamrock hats and stickers while we enjoyed Ted playing the accordion! The best part was watching Chris dance in his kilt and tube socks! We danced, we ate, we sang and we drank (punch that is). Everyone felt lucky that day!



## Laugh Lines

First-grade children were given the beginning of well-known sayings and were asked to come up with the ending. They may not be the most popular versions of the old adages, but they definitely offer a new perspective.

- "Better to be safe than ... punch a fifth-grader."
- "It's always darkest before ... daylight saving time."
- "Two's company, three's ... the Musketeers."
- "Laugh and the whole world laughs with you, cry and ... you have to blow your nose."
- "If at first you don't succeed ... get new batteries."
- "When the blind lead the blind ... get out of the way."



# May 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Exercise <b>1</b> 10:30 Sing-A-Long 1:30 Carol's Kitchen 2:30 Coffee Bar 4:00 Easy Listening	<b>2</b> 9:30 Exercise 10:30 Garden Club 1:30 Jewelry Day 2:30 Coffee Bar 4:00 Soft Hands	<b>3</b> 9:30 Exercise 10:30 Sing-A-Long Bus Outing 1:30 Craft Corner 2:30 Coffee Bar 4:00 Puzzle Mania	<b>4</b> 9:30 Exercise 10:30 True or False? 1:30 Fiesta! 2:30 Taco Bar 4:00 Mexican Hat Dance	<b>5</b> 9:30 Exercise 10:30 Story Time 1:30 Movie Matinee 2:30 Coffee Bar 4:00 Puzzle Mania
9:30 Newspaper <b>6</b> Chat 10:30 Art Center 1:30 Church Service 2:30 Coffee Bar 4:00 Easy Listening	9:30 Exercise <b>7</b> 10:30 Do You Remember? 1:30 Bingo 2:30 Coffee Bar 4:00 Puzzle Mania	9:30 Exercise <b>8</b> 10:30 Sing-A-Long 2:00 Dance With Elvis 3:00 A King's Treat	9:30 Exercise <b>9</b> 10:30 Garden Club 1:30 Jewelry Day 2:30 Coffee Bar 4:00 Soft Hands	9:30 Exercise <b>10</b> 10:30 Sing-A-Long Bus Outing 1:30 Craft Corner 2:30 Coffee Bar 4:00 Puzzle Mania	9:30 Exercise <b>11</b> 10:30 True or False? 1:30 Bingo 2:30 Coffee Bar 4:00 Pet Therapy	9:30 Exercise <b>12</b> 10:30 Story Time 1:30 Movie Matinee 2:30 Coffee Bar 4:00 Puzzle Mania
9:30 Newspaper <b>13</b> Chat 10:30 Art Center 1:30 Church Service 2:30 Mother's Day Tea 4:00 Easy Listening	9:30 Exercise <b>14</b> 10:30 Do You Remember? 1:30 Bingo 2:30 Coffee Bar 4:00 Puzzle Mania	9:30 Exercise <b>15</b> 10:30 Sing-A-Long 1:30 Carol's Kitchen 2:30 Coffee Bar 4:00 Easy Listening	9:30 Exercise <b>16</b> 10:30 Garden Club 1:30 Jewelry Day 2:30 Coffee Bar 4:00 Soft Hands	<b>9:30 Exercise 17</b> <b>10:30 Sing-A-Long</b> <b>Bus Outing</b> <b>1:30 Craft Corner</b> <b>2:30 Coffee Bar</b> <b>4:00 Puzzle Mania</b>	9:30 Exercise <b>18</b> 10:30 True or False? 1:30 Bingo 2:30 Coffee Bar 4:00 Pet Therapy	9:30 Exercise <b>19</b> 10:30 Story Time 1:30 Movie Matinee 2:30 Coffee Bar 4:00 Puzzle Mania
9:30 Newspaper <b>20</b> Chat 10:30 Art Center 1:30 Church Service 2:30 Coffee Bar 4:00 Easy Listening	9:30 Exercise <b>21</b> 10:30 Do You Remember? 1:30 Bingo 2:30 Coffee Bar 4:00 Puzzle Mania	9:30 Exercise <b>22</b> 10:30 Sing-A-Long 1:30 Carol's Kitchen 2:30 Coffee Bar 4:00 Easy Listening	9:30 Exercise <b>23</b> 10:30 Garden Club 1:30 Birthday Party 2:30 Coffee Bar 4:00 Soft Hands	9:30 Exercise <b>24</b> 10:30 Sing-A-Long Bus Outing 1:30 Craft Corner 2:30 Coffee Bar 4:00 Puzzle Mania	9:30 Exercise <b>25</b> 10:30 True or False 1:30 Bingo 2:30 Coffee Bar 4:00 Pet Therapy	9:30 Exercise <b>26</b> 10:30 Story Time 1:30 Movie Matinee 2:30 Coffee Bar 4:00 Puzzle Mania
9:30 Newspaper <b>27</b> Chat 10:30 Art Center 1:30 Church Service 2:30 Coffee Bar 4:00 Easy Listening	9:30 Exercise <b>28</b> 10:30 Do You Remember? 12:00 Memorial Day Party	9:30 Exercise <b>29</b> 10:30 Sing-A-Long 1:30 Carol's Kitchen 2:30 Coffee Bar 4:00 Easy Listening	9:30 Exercise <b>30</b> 10:30 Garden Club 1:30 Jewelry Day 2:30 Coffee Bar 4:00 Soft Hands	9:30 Exercise <b>31</b> 10:30 Sing-A-Long Bus Outing 1:30 Craft Corner 2:30 Coffee Bar 4:00 Puzzle Mania		

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