

# Pine Ridge



12009 E Mission Ave • Spokane Valley, WA 99206 • (509) 924-4388

## February 2012

### **Pine Ridge Leadership Team**

**\*Michele Page\***

*Administrator*

**\*Julie Koropatnicki\***

*Health Services Director*

**\*Gary Johnson\***

*Food Services Director*

**\*Carmen Renicker\***

*Activities Director*

**\*Terry Homburg\***

*Maintenance Director*

**\*Jennifer McCoy\***

*Business Office Manager*



### **Moments With Michele**

Hello to all friends and families! May February be a month of great love and friendship for everyone. As I have the privilege of spending time with the people who live at Pine Ridge, I am impressed daily by the courage, grace, and love that I see in their lives. Recently, while talking with one of the residents, he shared that even though he never would have chosen dementia as an experience, that he had learned a lot about patience and gentleness in this journey. Another day, I was talking with a lady living here and she told me that she realizes she is losing all her memory, but she will never lose her soul. Some are unable to verbalize what they are experiencing any longer, but every day they smile, hold my hand and bless my life more than words can ever say. Their lives testify to the beauty of the lives

they have lived long before dementia took hold.

We who serve at Pine Ridge count it a joy to know these people who you have loved and known throughout their lives. We share a very special time with each who lives here every day as we endeavor to bring meaningful moments into their lives as they share such great meaning with ours. Thank you again for choosing Pine Ridge as the community for your loved ones. We appreciate you.

~ Michele Page, Administrator



### **Support Group**

Come join us for our Alzheimer's Support Group! Learn about the disease as well as how to cope and connect with your loved ones affected by this disease. February's meeting will be Feb. 21 at 1 p.m.

### **Dates to Remember**

- Feb. 2 Groundhog Day
- Feb. 10 Music by the Old Time Fiddlers
- Feb. 15 Ladies' Valentine Tea
- Feb. 17 Music by Bill Oxford
- Feb. 18 Worship with the Breakout Choir
- Feb. 22 Mardi Gras Celebration
- Feb. 25 Silver Spurs Dancers



Smiles from Arvin W.'s family!

### **Holiday ABCs for February**

- H is for warm Hugs and kisses
- E is for Excited to see Each other
- A is for loving Arms to hold you
- R is for sweet Romantic gestures
- T is for good Times Together
- S is for having a Special Sweetheart



## Laugh Lines:

### Getting to Know You

Valentine's Day means love is in the air. Carefully chosen words can fan the fire of attraction, but corny lines like these are likely to blow out the flame.

- If I could rearrange the alphabet, I'd put U and I together.
- Is your father a boxer? Because you're a knockout.
- Do you believe in love at first sight? Or should I walk by again?
- Do you have a map? I just got lost in your eyes.
- If you were words on a page, you'd be fine print.



**Happy Birthday!**  
Feb. 7: Duane L.  
Feb. 27: Leonard



### Patricia W.

Joining us here at Pine Ridge for 2012 is Patricia West. Pat was born in Andes, Montana. After graduating from high school, Pat attended airline school for a while. She then met and married Vaughn West, a Lt. Colonel in the Army. They have four children together.

Pat enjoys gardening, politics, and playing Canasta. Pat loves breakfast! It's her favorite meal of the day-- both to cook and to eat!

### Mary Jo H.

Please welcome Mary Jo to Pine Ridge! Mary Jo joined us in early January. She was born in 1927 in Wheatland, Wyoming and is of Scottish, Irish, and Cherokee heritage. In January of 1948, she married Joe Hudspeth, a rancher and farmer. They have 7 children, 28 grandchildren and 36 great-grandchildren-- the joys of Mary Jo's life! Mary Jo also enjoys playing Dominos and Pinochle, and loves to sing!



### Anthony B.

Also joining us in the West Court of Pine Ridge is Anthony B. Tony, as he prefers to be called, has been blessed to spend the past 48 years with his wife, Linda.

### Shirley R.

We welcome Shirley back into our community! Shirley enjoys the outdoors; she and her family have hiked and backpacked together for many years. Shirley was an excellent music professor for a local university, and is passionate about classical music. Welcome back, Shirley!



Mary Jo





Jack L. grins as the puppy investigates Jack's hand.

### Puppy Tales ...

One of Pine Ridge's wonderful volunteers, Loretta Moore, recently became the proud caretaker of a 3-week old puppy! The puppy was one of a litter of five, born just before Christmas. She brought the puppy, named "Belle," in on Christmas morning to share its sweetness with the residents of Pine Ridge. Belle's large brown eyes, short soft fur, and even her prickly little puppy teeth brought smiles all around! Thanks, Loretta, for blessing our Christmas by sharing her with us!



Barbara C. and her son, Earl, with precious little "Belle" on Christmas morning.



### Hillyard Belles!

On Jan. 5, Pine Ridge was transported back into the 1920s by a visit from the Hillyard Belles. The Belles are a group of retired seniors who provide a Vaudeville Variety Show. Pine Ridge residents laughed through the performances of "Bill Bailey" and "Charlie Chaplin," and sang "The Star Spangled Banner" along with the group. The Belles also entertained us by playing unusual instruments such as spoons and a washboard! We greatly enjoyed the show, the flashy flapper dresses and feather boas--- what a wonderful era of style and music brought back to life one fun-filled afternoon!



Gladys S. poses with dancer Polly after the show.



### Wit & Wisdom

"I wonder what fool it was that first invented kissing."  
—Jonathan Swift

"The sound of a kiss is not so loud as that of a cannon, but its echo lasts a great deal longer."  
—Oliver Wendell Holmes Sr.

"They invented hugs to let people know you love them without saying anything."  
—Bil Keane

"Kisses, even to the air, are beautiful."  
—Drew Barrymore

"Kissing is like drinking salted water. You drink, and your thirst increases."  
—Chinese proverb

"Kiss and make up, but too much makeup has ruined many a kiss."  
—Mae West

"What of soul was left, I wonder, when the kissing had to stop?"  
—Robert Browning



Barry thoroughly enjoyed the *Hillyard Belles'* performance!

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