

# Hudson Creek

## Alzheimer's Special Care Center

3850 Coppercrest Drive • Bryan, TX 77802 • (979) 774-0700

May 2012



Your Friendly Staff

### Top Left to Right

Shirley Shaver—Administrator  
Tina Williams—Program Director  
Theresa Davis—Housekeeping  
Kristi Raney—Health Services Director

### Bottom Left to Right

Lori Howe—Business Manager  
Bob Burke—Maintenance Director  
Danette Washington—Food Services Director

### Letter From the Manager

*"A mother's love for her child is like nothing else in the world."*  
—Agatha Christie

Mother's Day is a holiday set aside to honor and celebrate mothers, grandmothers and mothers-to-be. Shower the special women in your life with love, hugs and maybe a card or a beautiful bouquet! From all of us in the office, we wish all the moms who call our community home a very happy Mother's Day. Thanks! Shirley Shaver



### Positive Thought

*"You can turn off the sun, but I'm still gonna shine."* —Jason Mraz



Here are some of the ladies all dressed up for our Mother's Day tea party. A good time was had by all.

### Remember Mom This Month

Take time in May to honor mom on Mother's Day.



### OUR MISSION

COMMITTED TO BEING THE LEADER IN PROVIDING QUALITY PERSONAL SERVICES FOR OUR RESIDENTS, WHILE HONORING THE EXPERIENCE OF AGING.

JEA SENIOR LIVING  
Managers • Developers

### Alzheimer's Support Group

Our evening Alzheimer's Support Group will be held on the third Tuesday of every month at 6:30 p.m. at Hudson Creek. If you have any questions, feel free to contact the management at Hudson Creek.

### Citrus Can Calm

Feeling stressed? Grab a piece of fruit—preferably an orange, tangerine or grapefruit. Citrus fruits contain folic acid, which can reduce the levels of serotonin released in your body. Excess serotonin can lead to feelings of anxiety, depression and stress.



## Birthdays



### Resident Birthdays

- John Anderson 5/14
- Leafy Armstrong 5/21
- Dan Parker 5/5
- Maisie Pledger 5/5
- Marilyn Stine 5/26

### Employees Birthdays

- April Briscoe 5/2
- Karen Gonzales 5/3
- Courtney Messa 5/26
- Beverly Pruitt 5/23
- Niesha Richardson 5/10
- LaTisha Sandle 5/29
- Courtney Watson 5/2



### Dancing 'Round With Ribbons

Celebrate May Day on May 1 with a traditional dance around the maypole. Twirl among its colorful streamers in celebration of spring.



The Directors at Hudson Creek enjoy the fun times with residents.



## Poetry Corner



## Just for Fun



Crazy Ball is always a game that makes us laugh.





### Celebrate Cinco de Mayo

Cinco de Mayo is celebrated in many areas of the United States with rowdy and colorful parties, but do you know the history behind the holiday? Frequently confused with Mexico's Independence Day (Sept. 16), it's actually a celebration of the Mexican victory over the French in the Battle of Puebla on May 5, 1862. An underdog Mexican force, led by Gen. Ignacio Zaragoza, defeated the well-trained forces of Napoleon III's French Army. The victory symbolized Mexico's resistance to foreign occupation, its patriotism and unity. Happy Cinco de Mayo to all residents who are celebrating this year!



The Spanish dancers from our local school help us celebrate Cinco de Mayo in a big way.



A big thank you to Anson Jones school.



### Laugh Lines

#### A Note From Laundry

\*For those of you who are bringing in new clothing, remembering to label them is greatly appreciated. If any of your loved one's clothing happens to be missing, feel free to contact Theresa.

Thank you!



#### A Midsummer's Pest

Fruit flies make an appearance every summer, as ripened produce graces our countertops. There's an easy solution, however, and it's probably in your home already. Simply fill a bowl with vinegar, add a few drops of citrus-scented dish soap, and voilà! The bugs will be attracted to the mixture and drown.

# May 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Primp & Pamper Current Events Exercise Arts & Crafts Pet Therapy	Primp & Pamper Devotional Bingo Exercise Music	Primp & Pamper What Would You Do Ladder Ball Fun in the Sun Sing-A-Long	Primp & Pamper Target Game Cinco de Mayo Party Movie & Popcorn Elegant Nails	Primp & Pamper Tell All Exercise Bingo Bowling
6	7	8	9	10	11	12
Primp & Pamper Coffee Klutch Remember When Devotional Beanbag Toss	Primp & Pamper Clue Trivia Bingo Comedy Hr Elegant Nails	Primp & Pamper Current Events Exercise Arts & Crafts Pet Therapy	Primp & Pamper Devotional Bingo Exercise Music	Primp & Pamper What Would You Do Ladder Ball Fun in the Sun Sing-A-Long	Primp & Pamper Target Game 3 Card Draw Movie & Popcorn Elegant Nails	Primp & Pamper Tell All Exercise Bingo Bowling
13	14	15	16	17	18	19
Primp & Pamper Coffee Klutch Mother's Day Tea Devotional Beanbag Toss	Primp & Pamper Clue Trivia Bingo Comedy Hr Elegant Nails	Primp & Pamper Current Events Exercise Arts & Crafts Pet Therapy	Primp & Pamper Devotional Bingo Exercise Music	Primp & Pamper What Would You Do Ladder Ball Fun in the Sun Sing-A-Long	Primp & Pamper Target Game 3 Card Draw Movie & Popcorn Elegant Nails	Primp & Pamper Tell All Exercise Bingo Bowling
20	21	22	23	24	25	26
Primp & Pamper Coffee Klutch Remember When Devotional Beanbag Toss	Primp & Pamper Clue Trivia Bingo Comedy Hr Elegant Nails	Primp & Pamper Current Events Exercise Arts & Crafts Pet Therapy	Primp & Pamper Devotional Bingo Exercise Music	Primp & Pamper What Would You Do Ladder Ball Fun in the Sun Sing-A-Long	Primp & Pamper Target Game 3 Card Draw Movie & Popcorn Elegant Nails	Primp & Pamper Tell All Exercise Bingo Bowling
27	28	29	30	31		
Primp & Pamper Coffee Klutch Remember When Devotional Beanbag Toss	Primp & Pamper Clue Trivia Bingo Comedy Hr Elegant Nails	Primp & Pamper Current Events Exercise Arts & Crafts Pet Therapy	Primp & Pamper Devotional Bingo Exercise Music	Primp & Pamper What Would You Do Ladder Ball Fun in the Sun Sing-A-Long		

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**Bryan, TX 77802-5937**